

Resources for Children with Special Needs & their Families

Westchester County, New York

By Jennifer Kahn Ruoff, LMSW, MS.Ed
(updated 08/06/10)

ACTIVITIES:

Art:

Art Therapy

Mia de Bethune, ATR-BC, LCAT (914)585-1820 or mdebethune@gmail.com
145 Palisade St. Rm. 402 Dobbs Ferry, New York.

Licensed Creative Arts Therapist for individual or group art therapy with children of any age who have emotional challenges, trauma, autism or cognitive difficulties.

Miss Patti's Art Smart

5 Anderson Lane

Goldens Bridge, New York (646) 234-5995 or patti@nyartsmart.com

Art, music and dance classes for children 6 months through 6 years.

Dance, Gymnastics and Theater:

Gymcats

(914) 965-7676

Yonkers, NY

Teenage class for special needs and they try to accommodate children with special needs in other classes when possible.

Jess Because, Inc.

(914) 462-2493 or info@jessbc.org , www.jessbc.org

Classes located at the Westchester Institute for Human Development.

Theater, music, improv, movement classes for children and adults with developmental disabilities and theater and museum outings on Sundays.

Moving Wheels and Heels

Steffi Nossen School of Dance (914)328-1900 and www.steffinossen.org

216 Central Avenue, White Plains, New York

Dance classes for wheelchair bound as well as all kinds of disabilities. For preschool age and up.

Westchester Gymnastics and Dance

Judy Anker

5 Skyline Drive

Hawthorne, New York (914)592-2324

Sunday morning gymnastics classes for children with special needs.

WESTCO Special Needs Workshops

Sue Katz (914)761-7463 or www.WestcoProds.com

A full theater arts program for ages 9-21 with developmental disabilities. Dancing, singing, improvisation and acting with performances. 20 people per session.

Horseback Riding:

Pegasus

Pleasantville, Bedford Hills, North Salem

(203)356- 9504 and www.narha.org

Therapeutic horseback riding for children with special needs.

We Will Ride, Therapeutic Riding, Inc.

Ridgefield, Connecticut

(203) 438-4694 or www.wewillrideinc.com

MARTIAL ARTS:

Fusion Martial Arts

Hawthorne, New York (914) 495-3150 and www.fusionmartialarts.org

Integrated classes and Summer Camp program in a nurturing, supportive environment. Open to all kids 4 and up.

KI Martial Arts

Sensei Vladimir Zolottev, (914) 961-1111 and
senseivladimir@KImartialartsusa.com and www.KIMartialArtsUSA.com

125 A Marbledale Rd. Tuckahoe, NY

Karate and Tae Kwon Do for children with special needs in adaptive classes.

Children work on focus, control, balance, memory, discipline, fitness and coordination in constructive, goal related training. All levels and ages welcome.

UMAC (United Martial Arts Centers)

450 North State Road

Briarcliff Manor, New York

(914) 945- 7100

Director: Laura Giacovas, MS Ed in special education and black belt in Taekwondo. Taekwondo for children with special needs to develop physically, mentally and socially.

MUSIC:

Heartsong

Bronxville and White Plains (914) 725-9272

Music and art therapy for children of all ages with all special needs. Children are grouped together by functioning level with 8 children per class.

Music Therapy Institute of the Music Conservatory of Westchester

Tina Brescia, Director

216 Central Ave. White Plains, New York (914) 761-3900 or

tbrescia@musiced.org

Music therapy programs for children and adults with and without disabilities.

Rose Hill Music Academy

666 Columbus Ave.

Thornwood, New York (914)747-2585 or www.rosehillmusic.net

Private music and instrument lessons for people with or without special needs 5 years and up.

Recreation Departments:

Greenburgh Special Education Recreation

Noel Broccoli, Director of Special Recreation

11 Olympic Lane

Ardsey, New York (914) 693-8985 ext. 128

Offers a large array of activities and outings for children with disabilities, such as Challenger basketball, horseback riding, karate, swim classes, art classes, dances, parties and camp and Saturday night recreation nights in the community.

North East Westchester Special Recreation, Inc.

63 Bradhurst Avenue

Hawthorne, New York (914) 347- 4409 or www.northeastsspecialrec.org

Weekend, summer camp in Thornwood, New York and after school recreational programs for people 4 years through senior citizens with special needs.

NorWest

Christopher Morbito, Director

Cortlandt Manor, New York (914) 737- 4797 and www.nor-west.org.

Year- round therapeutic recreational programs for children with disabilities ages 5 and up. They hold weekend programs, school vacation programs, after school programs. Summer programs for 16-22 year olds.

Southeast Consortium for Special Services

740 West Boston Post Rd. Suite 301

Mamaroneck, NY 10543

(914)698-5232 or www.secrec.org

Provides a wide range of sports, drama and social activities for kids, teens and adults with special needs. A self-contained and inclusion camp for ages 5-12.

Yonkers Department of Recreation

Tara Conte-Giglio (914)377-6438

285 Nepperhan Ave. Yonkers, NY

Dance and music therapy, art, girl scouts, theater arts, pet therapy, tee-ball, special Olympics swimming and Project Friendship.

SPORTS:

Backyard Sports, Inc.

Danny Bernstein

South Broadway 75, Suite 453

White Plains, New York (914) 304-4052 or danny@byardsports.com

Basketball and soccer for boys and girls ages 5-15 with special needs. Programs are held at SUNY Purchase. Programs focus on basic coordination, athletic development and building confidence while stressing proper behaviors and group cooperation. Trained teachers and coaches handle each child's needs. Group sizes are small and determined by age and ability.

Challenger Little League

Ardsleylittleleague.com

Challenger Soccer

Run through AYSO at AYSO324.org

New Rochelle Little League Challenger Division

Shelly Klein (914)632-4916

30 Trinity Place New Rochelle, NY

Children 5-21 Little League.

The Miracle League of Westchester

Stephen Madey, Executive Director

(914)813-8007 and www.MLWNY.ORG

A modified baseball program at Ridge Road park in Hartsdale , New York for children of all ages with disabilities.

Swim Instruction

Angelfish Therapy, LLC

Ailene Tisser, MA, PT (203) 969-6431 and Cindy Freedman, MOTR, CTRS (203) 364-1544 or www.AngelfishTherapy.com

Aquatic therapy in several locations in Connecticut and White Plains, New York Private, semi-private and small group with either an OT or PT.

Aqua Tots Westchester

Owners: Aileen Crampton Bucciero and Fiona Crampton Kearney
(914)747-2070 or aquatotal23.com
Pleasantville, NY

Gerald Cox at Club Fit

(914) 762-3444 or clubfit.com or myswimforkids.com
Briarcliff Manor, NY

Pace University Aquatics Program

Kate Palladino (914) 773-3280 or www.pacesettersathletics.com/aquatics
861 Bedford Rd. Pleasantville, NY
Adapted aquatics program for a wide range of disabilities.

YOGA:

Creative Yogashine

Vitalah Simon, Dance Therapist
Valhalla, New York (914) 769-8745 and www.yogashine.com
Yoga (group and individual) for children ages 3 and up with emotional, developmental and physical disabilities.

Yoga for Special Needs at Well Child

Patty Chang Anker, Certified Yoga Instructor (917) 543-3966 or anker@verizon.net
59 Main St. Dobbs Ferry, New York, Hudsonvalleywellchild.com
Private and small classes for children 5-11 with ADHD, anxiety, sensory integration difficulties, tics, LD combining movement, breathing, play, focus, balance, coordination, motor planning, body awareness and self-esteem.

Yoga for Special Needs at WonderKids

Kira Morton, Yoga Certified Instructor
470 Mamaroneck Ave. Suite 204
White Plains, New York
(914) 421-8270 and www.wonderkidstherapycenter.com
Classes for children of all ages with special needs.

Other recreational places:

HERO

(914) 761-2130 Janet Lefkowitz

Adapted tennis, dance, music and pet therapy for all ages.

JCC of Mid-Westchester

SNAAC (Special Needs Academic and Arts Center)

Charley Moskowitz, LMSW

999 Wilmot Rd.

Scarsdale, New York (914) 472- 3300 Ext. 361 and www.jccmidwestchester.org

Daily programs for children pre-k through 8th grade with special needs: sports, music, theatre, computers, karate, social skills, art, science. Also adult special needs programs available. Sibling group, father's group, grandparent's group and parent's support groups also available.

JCC on the Hudson

371 S. Broadway

Tarrytown, New York (914) 366- 7898 and www.Jcconthehudson.org

After school and school vacation enrichment programs for children with developmental and physical disabilities grades K-6 and social skills groups, recreational programs for 6-12 year olds with learning or developmental disabilities. Also, adult programs for the physically challenged. Inclusion karate and Jewish culture classes as well. Parent support groups also available.

Parents Place, Inc.

3 Carhart Avenue, room 102

Pam Ancowitz, Director (914) 948-5187 and parentsplace@verizon.net and

www.parentsplaceinc.org

A 2 hour drop in center for birth through 5 years on Mondays, Tuesdays, Thursdays and Saturdays for singing, art, play, snack and the opportunity to talk with social workers and other parents. One Sunday per month from 2-4 is Family Day for children with Autistic Spectrum Disorder and their immediate families. Parents Place also runs a parent support group for parents of children with Autistic Spectrum Disorder.

Rosenthal JCC of Northern Westchester

(914) 741-0333 ext. 19

600 Bear Ridge Rd. Pleasantville, NY

Super Soccer Stars for ages 9-12 with ADHD, Autism, PDD NOS. Two children per coach. A parent support group meets monthly. A Club for high-functioning children with special needs ages 11-13 will offer a social outlet to meet other similar children. (914) 741-0333 ext. 29 or Nicole@rosenthaljcc.org

SPARC, Inc. (Special Program and Resource Connection)

Serving residents in northern, mid and southern locations of Westchester

Rose Rothe, Executive Director

(914) 243- 0583, sparc@optonline.net, www.sparcinc.org

Recreation, social and therapeutic programs for children, teens and adults with developmental, learning and associated special needs. Programs Monday-Saturday on school calendar and summer. Professionals offer creative and individualized goal-oriented activities focusing on socialization and building skills for life and leisure. Activities include: Teen Time, Young Adults Social Club, Wacky Art, Film Production Workshop, Cooking Fun, Intro to Golf, Athletics and Lunch club, Dinner Friends, horseback riding, trips, etc. Private consultations for home music, art and recreational therapies.

The Home Program

34 South Broadway Suite 411

White Plains, New York 10601

(914) 949- 3751 or www.thehomeprogram.org

Behavior management consultation services, in-home training to address sleeping, toileting, mealtime, compliance and community behavior.

Wagon Road Camp

The Children's Aid Society

Vince Canziani, Director (914) 238- 4761 and www.childrensaidsociety.org

Chappaqua, New York

Overnight respite program servicing children 7- 17 years old with physical and developmental disabilities. Open weekends and school holidays October- May and for one week in August. They offer arts, crafts, athletics, nature, cooking, horseback riding, music and drama. They have heated cabins.

Westchester Foundation for Autism

Rick Ditrio, President

(914) 741- 5019 and www.WFAutism.org

Social events, educational and recreational programs and family support services for families with children with autism and related developmental delays.

YWCA of White Plains (North Street)

Special Programs Department

Jim Sullivan, Director (914) 949- 6227 ext. 108

Sunday recreation for ages 4-21 from 12-4, August vacation camps, school vacation camps for children with autism, PDD, CP, MR. Swimming, piano and guitar lessons available. Family respite and support also available.

CAMPS:

Internet information on camps for children with Autistic Spectrum Disorder:

www.mclean.harvard.edu/cns/camp/welcome.htm

www.acacamps.org (click on “find a camp”) or call the American Camping Association at (212) 268-7822 for an annual directory.

<http://www.campexperts.com/ContactUs.aspx?S=CU>. This site will tailor your needs to the camps they recommend.

www.nichey.org/pubs/genresc/camps.pdf

<http://www.cshcn.org/resources/campcalendar.cfm?intro=yes>

www.mysummerncamps.com/camps/Special_Needs_Camps/Developmental_Disabilities/index.html

Camps for children with emotional disabilities:

www.mysummerncamps.com/camps/emotional-problems-camps.html

Camps for kids with Asperger's: www.aspires-relationships.com/links_camps.htm

Order a directory of camps and summer programs for youths with special needs in the Metro New York area for approximately \$25.00. Lists more than 300 programs:

**Publications/Department B, Resources for Children with Special Needs
116 E. 16th St. 5th Floor New York, NY 10003**

Created by Jennifer K. Ruoff, LMSW, MS.Ed (914) 478-3730, JRuoff@optonline.net

Camp BaShemesh

Ila Russo, Camp Director and Lisa Feinman, Assistant Executive Director
JCC on the Hudson, Tarrytown, New York www.jccontheudson.org
Located on the Henry Kaufman Campgrounds, this is a summer day camp for children with special needs.

Fordham University Summer Reading Skills Programs

David Soloway, Program Director (800) 978-9596 Yonkers, New York
Phonics, comprehension, fluency for ages 4 and up.

NYU Program for Attention-Deficit/Hyperactivity Disorder

(212) 263-0760 and www.AboutOurKids.org

Summer 8 week all day program for ages 7-11 with one staff member for every one to two children. Located at the Riverdale Country School. Focus on sports skills and teaching good sportsmanship as well as listening, sharing, compromise, teamwork and empathy, how to handle everyday social challenges, how to follow rules and the importance of compliance at school and home.

Our Victory Day Camp

Fred and Iris Tunick, Directors (203) 329-3394 and 1-800-919-3394

www.ourvictory.com and ourvictory@aol.com

Dobbs Ferry, New York

Summer 7 week day camp for ages 5-12 with special needs such as attention deficit and learning disabilities. 3 to 1 camper-staff ratio, small groups of 9 with focus on social skills development and traditional day camp activities.

Smugglers' Notch Resort in Vermont

Kris Connolly, manager of adaptive programs

SNAP Program for people with special needs (mostly autistic)

Family resort with programs, even 1:1 assistance, for families with special needs.

Westfield Day School

23 Purdy Ave. Rye, NY (914) 967-2530 & wdsinfo@optonline.net

Camp program with academics and elective courses for grades 7-12 with academic and emotional support.

Travel Made Easier:

Jetsetbabies.com

Babysaway.com

Arrange to rent baby/kid stuff before you travel.

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HAIRCUTS:

Snip its

450 Central Park Avenue
Scarsdale, New York
(914)574-5320

Fun Cuts

2100 Boston Post Road
Larchmont, New York
(914) 834- 5300

KidStyles

701 North Bedford Road
Bedford Hills, New York
(914) 666- 7707

and

201 Marble Avenue
Pleasantville, New York (914)449-6909 or www.kidstylessalon.com

Chloe Sikirica

526 Broadway
Hastings-on-Hudson, NY 10706
(914) 924-1249

N.Y. State Licensed Hairdresser who has experience and patience with children with special needs. By appointment only.

Happy Cutz

Laura Cote
cutz@gmail.com

She will come to your home to cut your difficult child's hair.

NATURAL FOODS:

Ciao!

(914) 779-4646

Eastchester family friendly Italian restaurant offers gluten-free pizza and pastas.

Comfort Lounge

(914) 478-0666

Hastings-on-Hudson restaurant offers organic, kid-friendly gluten-free chicken fingers, pastas and chocolate brownies.

Glutenfree.com

Maud's Tavern

(914) 478-2326

Hastings-on-Hudson restaurant offers 13 gluten-free entrees.

Miss Roben's

P.O. Box 1149

Frederick, MD 21702

1-800-891-0083 and www.missroben.com

Mail order company specializing in allergy free foods (gluten, wheat, dairy, egg, soy and corn free).

Mrs. Green's Natural Market

Scarsdale, New York (914) 472- 9675

Eastchester, New York (914) 472- 0111

Katonah, New York (914) 232- 7574

Larchmont, New York (914) 834- 6667

Mount Kisco (914) 242- 9292

Yorktown Heights (914) 962- 4462

Mahopac, New York (845) 628- 0533

Briarcliff Manor, New York (914) 762-8100

Izzi B's allergen-free cupcakes

Pam@ibcakes.com or (203)810-4378

Many variety of cupcakes with or without any ingredient.

Nikki's Kitchen

Nicole at (347)365-9283

Special foods for special kids. Food made to order.

Created by Jennifer K. Ruoff, LMSW, MS.Ed (914) 478-3730, JRuoff@optonline.net

Organic Connection

981 Rte. 22 Brewster, New York (845)279-2290

www.organicconnection.net

fresh and frozen fruit, vegetables, meat and poultry. Delivery available.

WWW.PamelasProducts.com

Mailorder wheat-free and gluten-free foods.

Three Dogs Gluten-Free Bakery

Karen Miller, Owner (914) 762-2121 or www.threedogsgfbakery.com

510 North State Rd. Briarcliff Manor, New York

Fresh-baked items daily. Many items also dairy free and/or soy free.

Trader Joes

727 White Plains Road Scarsdale, New York (914) 472- 2988

1260 Boston Post Road Larchmont, New York (914) 833- 9110

215 N. Central Avenue Hartsdale, New York (914)997-1960

Whole Foods

110 Bloomingdale Rd. White Plains, New York (914) 288- 1300

Gluten Free food list: Triumphdining.com

Pediatric Dentists for Special Needs

Dr. Wayne Turk

(914) 472- 9090 and www.scarsdalepediatricdental.com

777 White Plains Rd. Scarsdale, New York

Briarcliff Pediatric Dentistry

Dr. Renuka Bijoor

325 Highland Ave. Briarcliff Manor, New York

www.briarcliffpediatricdentistry.com

Dr. Penny Resnick-Graulich

(914) 633-4440 and www.drpenneydentistforkids.com

77 Quaker Ridge Rd. New Rochelle, New York.

RELIGIOUS RESOURCES:

Church of the Magdalene

525 Bedford Road (route 448)

Pocantico Hills, New York

Mary Weiner; (914) 592-2784

Catholic Mass service for special needs families; first Sun. of every month at 1:00.

Matan: The gift of Jewish Learning for Every Child

Deena Spindler, Director of Programming

(914) 472- 3300 ext.345 or Deena@matankids.org and www.matankids.org

Self contained Jewish religious school classes for ages 5-15 with issues such as autism, developmental disabilities, severe learning disabilities and behavioral problems. Classes are on Sunday mornings at the JCC of Mid Westchester in Scarsdale, New York. Family Jewish holiday celebrations as well.

LEV: Learning from the Heart

Linda Lieff Altabef at (914) 666- 2292 or liefflady24011@aol.com

www.levlearning.org.

Multi-sensory enrichment program of Jewish learning for children with speech, language and learning delays. 12:3 student teacher ratio. Program includes music, art and dance. Classes are Sunday mornings at the Mount Kisco Hebrew Congregation.

Our Lady of Fatima Church

5 Strathmore Rd. Scarsdale, New York (914) 472-6604

Irene Kohller or Rita Deutsch, Religious Education and Special Education

Other Religious Information contacts:

Irene Lustgarten, Director of the Board of Jewish Education in Westchester.

Linda Sgammato, Director of special religious education for the catechetical office, the Department of Education for the Roman Catholic Archdiocese of New York.

Temple Beth Abraham

25 Leroy Avenue

Tarrytown, NY (914) 613-1770

Pamela Barkley, Director of Education

Self-contained and small classes for children with learning disabilities and other issues. Children can be mainstreamed whenever possible.

Created by Jennifer K. Ruoff, LMSW, MS.Ed (914) 478-3730, JRuoff@optonline.net

Temple Beth El of Chappaqua

220 South Bedford Rd. Chappaqua, NY (914)238-3928 Rachel Rosin
Saturday AM music service for children with special needs.

The Friendship Circle

Call Esti at (914) 693-6100 or youth @chabadrt.org

The program matches children with special needs with teenage mentors for weekly bonding experiences in a full range of Jewish and social experiences.

Tikvah Greenburgh Hebrew Center

515 Broadway Dobbs Ferry, NY (914)693-5121

Weekly self-contained class for children with autism and developmental disabilities. Curriculum includes music, art, Bible study and Jewish education.

Woodlands Community Temple

Learning Center for kids with learning disabilities and autistic spectrum.

Yad B'Yad (Hand-in-Hand) Congregation Kol Ami

Jessica Yablow, Program Coordinator

(914) 949-4717 ext. 105 JYablow@gmail.com

252 Soundview Ave. White Plains, NY

Synagogue inclusion program for Jewish teenagers with learning, cognitive or emotional challenges are teamed up with high school peer mentors in the classroom and field trips. Social action, Israeli dance, art expression and holiday programs are available.

RESOURCES:

Autism Family Center/ Westchester Jewish Community Services

(914)761-0600 ext. 228 Kristin Macaluso, Program Coordinator

Family center for information and referrals. Parent support groups. Breakfast and supper clubs for 18+ with Asperger's Syndrome. Parent mentoring, grandparent support group, mother/daughter nights.

Canine Companions for Independence

Ronald Knell, Executive Director, State University of New York at Farmingdale.

A national organization that provides highly trained assistance goes to people with disabilities other than blindness. (800) 572-BARK or www.cci.org.

Chappaqua Public Library

195 South Greeley Avenue

Chappaqua, New York

(914) 238- 4779

Excellent resource center for parents of children with disabilities.

Child Care Council of Westchester

(914) 761- 3456

Extensive information on childcare providers, programs, agencies, schools and camps.

EPIC Parent Center/ Parent Information Resource Center (PIRC)

1061 North Broadway, Townhouse 2nd floor

Yonkers, New York

(914) 966- 2338 or www.epicforchildren.org.

Director: Jane Zucker, Westchester Regional Manager: Yvonne Prescod

Free parenting skills workshops and parent training.

Family Ties of Westchester, Inc.

Madeline Lombardi at (914)995-5238 or mala@westchestergov.com

Support groups, respite activities, family recreational activities, and educational workshops for families with children with social, emotional and behavioral difficulties.

GROW, Inc.

P.O. Box 1692

White Plains, New York 10602

Helpline 493- 1318 and Info@grow-ny.org or www.grow-ny.org

Westchester based advocacy organization on behalf of persons with developmental disabilities. Claudia Spaziante (formerly Mace) coordinates the Home Care Program (914) 332-8958 through the Hudson Valley DDSO.

Holistic Learning Center

Susan Versames (914)793-9100 or www.hlcinfo.com

571 A White Plains Rd. Eastchester, NY

Social skills groups for ages 3-4 and 7-8, parent support group, yoga for parents and technology learning center for help with auditory processing, visual sequencing and reading comprehension. They also offer Camp After Camp Program.

Holistic Learning Center – Biomedical/Nutrition Workshops

Nancy Guberti (914) 725-6801 or nancy@coachforhealthyliving.com or www.coachforhealthyliving.com

Hudson Valley Special Education Parent Center

At Westchester Institute for Human Development

Valhalla, New York

(914) 493-7665 or www.wihd.org or nbrickel@wihd.org

Montefiore Autism Center

6 Executive Boulevard

Yonkers, NY

(914)375-4898

Director, Michelle Dunn, PhD

Social skills, cognitive and linguistic interventions, counseling and advocacy help for individuals with autism, communication disorders or learning disability.

Navigating the Spectrum

(914)826-5300

Workshops, conferences and support groups for families with special needs and educators.

ParentLink

www.westchesterparentlink.org

Advocacy group for parents of children with Autistic Spectrum Disorder and Asperger's Syndrome. Monthly support group meetings at Westchester Medical Center in Valhalla, New York for support, information and resources.

Parent-to-Parent

(914)493-2635 and www.parenttoparentnys.org

Westchester Institute for Human Development in Valhalla, NY

Connecting and supporting families of individuals with special needs by matching parents with a trained support parent who has a child with a similar disability.

National Park Pass

www.store.usgs.gov/pass/access.html

Free lifetime access pass for any person with a disability and their caregiver to all national parks from the National Forestry & Wildlife Division.

Project Lifesaver

Nancy D'Auria, Project Coordinator

(914)683-7530 or ndauria@hebrewhome.org

Bracelets equipped with GPS.

EmSeeQ Band at www.emfinders.com

Bracelets equipped with technology that triangulates through cell phone networks to guarantee immediate recovery. When the caregiver activates the device, medical information and specific location of the child are reported to the nearest 911 dispatch center.

RESOURCE PHONE NUMBERS & INTERNET ACCESS:

www.abaresources.com

Free downloads for educational programs for children with Autism/Asperger's Syndrome.

Autism friend finder program

www.autismkey.com

Westchester County Autism website

www.westchestergov.com/mentalhealth/autism

Autism Society of America

www.autism-society.org/

www.autismSpeaks.org and 888-AUTISM2 (888-288-4762)

Apraxia Information

www.apraxia.cc

www.apraxia-kids.org

Excellent websites to learn more about Apraxia, Dyspraxia and Sensory Integration.

Childtherapytoys.com

Large collection of resources for child and play therapists

CHADD of Westchester (children with Attention Deficit Disorders)

(914) 278- 3020 and www.chadd.westchester.org

Council for Exceptional Children

(703) 620- 3660 and www.cec.sped.org/

Developmental Delay Resources

Patricia Lemer, Executive Director (301) 652- 2263 and www.devdelay.org

A resource network integrating conventional and holistic approaches with particular concerns regarding sensory and nutritional issues.

Learning Disabilities online

www.Ldonline.org

Hundreds of articles about disabilities, remediation, IEP's, legal rights on this award-winning site.

National Alliance for Autism Research
www.NAAR.org

National Information Center for Children and Youth with Disabilities (NICHCY)
800- 695- 0285 and www.nichcy.org

National Center for Learning Disabilities
212- 545- 7510 and www.LD.org

National Parent Network on Disabilities
www.npnd.org

National Vaccine Information Center
www.909shot.com/
Information about vaccines and mercury
www.Safeminds.org

New York State Education Department
914- 245- 0010 and www.nysed.gov/vesid

Office of Vocational and Educational Services for Individuals with Disabilities (VESID) (914) 946-1313
Sensory Integration International
www.sensoryint.com

Sensory Stories
www.theraproducts.com or 1-800-257-5376

Sensory Integration Resource Center
www.bpkids.org

Child and Adolescent Bipolar Foundation

www.mhwestchester.org
Mental Health Association of Westchester

www.special-minds.com

toll free 866-810- 1909

Resource of over 3,000 books, videos, dvds, games, activities, software for ADD, Autism, Asperger Syndrome, Dyslexia, Sensory Integration Dysfunction, Social Skills, Speech and Language Development, OCD, Anger Management, Self Control, CP, Tourette Syndrome, MR, plus more.

www.specialfamilies.org

Resources, tips and links and forum to share experiences and seek support.

Student Advocacy Services, Inc.

(914) 347- 3313

Special Education Law and Regulations at:

www.special-ed-law.com

The Department of Education also has special education law at:

www.ed.gov/offices/osers/IDEA/

IDEA is the Individuals with Disabilities Education Act.

www.ideapractices.org/aboutus.htm

Westchester/Putnam Legal Services

(914) 949- 1305

Westchester County Department of Community Mental Health

(914) 285- 5256

www.trainland.tripod.com

Information on PECS (Picture Exchange Communication System), Autism, diet, research links.

www.wrightslaw.com/

The best website with 1000's of links to information about special education law, advocacy and information. They also publish the The Special Ed Advocate.

Yale Child Study Center

<http://info.med.yale.edu/chldstdy.autism/>

SOCIAL SKILLS GROUPS:

Chatterbugz

Michelle Laraia, special education teacher (914)302-2122

www.chatterbugz.com & chatterbgz@aol.com.

Groups for ages 3-6 in Yorktown, NY.

Dramatic Pragmatics

Barbara Laufer, Director

(914) 305-1210

Rye, NY

Greenwich Autism Program

Dr. Sue Izeman (203) 629- 1880 ext. 327 and www.Izeman@ARCGreenwich.org.

Play-based small group instruction (3-4 children) for children with Asperger's and High Functioning Autism of all ages. Individual instruction for children and parents also available.

Dr.'s Susan Goldman and Eliot Goldman

623 Warburton Ave. Hastings-on-Hudson, NY (212) 642-5877

www.rivertownresources.com

Groups specializing in ADHD and social skills training.

Laurie Gruenberger, Psy.D.

1 Bridge Street

Irvington, New York (646) 256- 0900

Social Skills groups for kindergarten through 12th graders focusing on recognizing feelings, making friends, managing anger/frustrations and building self-esteem.

Individual and family therapy available and psychological/neuropsychological assessment available.

Jackie Knectel, Ma, ccc-slp

(914) 421-8270

Wonder Kids 470 Mamaroneck Rd. Suite 204 White Plains, New York

Language-based social skills groups for preschool and elementary age children.

Kurious Kids- WJCS Milestones

Contact Susan Miron (914) 922-9333 ext. 13 or smiron@wjcs.com

333 Pelham Rd. New Rochelle, NY

Social skills groups for ages 2 ½ to 5.

Created by Jennifer K. Ruoff, LMSW, MS.Ed (914) 478-3730, JRuoff@optonline.net

Robert Milich, Ph.D

(914) 271- 5326

Croton-on-Hudson, New York

Groups for children of all ages with a focus on building self-esteem for children with a variety of issues.

Susan Rose, Ph.D

(914) 381- 3331

Mamaroneck, New York

Social skills groups for high functioning children ages 3 through 14 with autism, Asperger's Syndrome and PDD. Groups focus on listening skills, maintaining eye contact, reciprocal conversation and identifying the emotional response of others.

Sociable Kidz

1600 Harrison Ave, Suites 307 C & D, Mamaroneck, NY

(914)374-5024 & www.sociablekidz.com

Social skills groups for ages 4-15 taught by certified teachers. Grouped according to age with 3-5 per group. Raffles, legos, arts and crafts.

Social Butterflies

Lauren Rosenshein, speech pathologist (914)382-7103 www.socialbutterflies6.com

Allison Haft Galluccio, special educator (914)382-7091

Social skills groups for ages 3-10 years with social/emotional and communication delays, ADHD, Oppositional Defiant Disorder, high-functioning Autism, Asperger's, Sensory Integration and Social Anxiety. Offers sibling participation, karate, cooking, science and community field trips.

Social Skills 4 Kids

Lorraine Castle, Certified School Psychologist

(914) 358-5657 or LorraineC@socialskills4kids.com or

www.socialskills4kids.com

73 Westlake Drive, Valhalla, NY

Social Skills Art Classes

(914)488-5282 in Briarcliff Manor, NY

For children with behavioral challenges, language delays, learning disabilities in small classes where they learn to read and respond to social cues, read and use body language, express emotions effectively and improve sense of self.

The Children's School for Early Development
Anne Marie Sabrsula (914) 347-3227 ext. 151 or asabrsula@westchesterarc.org
Social skills groups for ages 5-7 with autism/PDD.

The Kids Connection
Pat Rowan, LMSW (914)736-7898
Croton-on-Hudson, New York
Groups for children ages 7 through adolescent.

Therapy with a Twist
Wendy Ludlow, LCSW (646) 213-0294 or www.therapywithatwist.com
North Riverdale.
Registered Play Therapist Supervisor and certified Cognitive-Behavioral Prescriptive Play Therapist. Groups for children with ADHD, PDD, Asperger's, OCD, dissociative disorders, bi-polar, behavioral problems and selective mutism.

Westchester Division of Weill Medical College of Cornell University
New York-Presbyterian Hospital
Jo Hariton, Ph.D., Child & Adolescent Group Therapy Coordinator
(914) 997- 5957
Social skills groups for children with peer relationship problems. Each group is run by a co-therapy team with expertise in Attention-Deficit Hyperactivity Disorder and other childhood disorders. Children are grouped by age and level.

Westchester Group Works
Michelle Maidenberg, Ph.D, MPH, LCSW-R Clinical Director
(914) 421-1500 and mmaidenberg@westchestergroupworks.com
Full Circle Family Care
1241 Mamaroneck Avenue
White Plains, NY www.westchestergroupworks.com
A variety of therapy groups for children and adolescents.

Westchester Jewish Community Services (WJCS)
Patricia Grossman, LCSW (914) 949-7699 ext.355 and pgrossman@wjcs.com
Programs geared to provide support and skills for individuals with Autistic Spectrum Disorders and their family members. Groups for children 6-9 years, 10-13 years old and 13-16 years old and a 21 and older group. Parent support groups meet concurrent with the social skills groups.

“WC KIDS CLUB”

World Cup Nursery School, Chappaqua, New York
Joan Weinstein (914) 941-0753 and Marni Gross (203) 775-9681
WCKidsclub@gmail.com

Groups for children 3 ½ to 7 years old. Six children per group to facilitate positive peer interactions and improve their language skills in social situations. Groups led by a certified and licensed speech pathologist and certified special education teacher.

Where I Can Be Me

Isa Marrs, Speech Language Pathology, PC (914) 488-5282
Briarcliff Manor, New York and www.whereIcanbeme.com
Social skills and Art Classes for children with language delays/disorders, learning disabilities, behavioral challenges (with or without special needs), children who have trouble making and /or keeping friends or socializing with friends or family.

Pilar Wellansky, Psy.D

Friendship Builders Groups
400 Bedford Rd.

Pleasantville, New York (914)773-0680

Weekly therapeutic groups for children in 1st grade through high school who have trouble making and keeping friends and difficulty managing feelings. Also a weekly Summer mini camp therapeutic program with indoor and outdoor activities.

WCEED

(914)593-0593 or www.wceed.com
503 Grasslands Rd. Valhalla, New York

Social skills groups run by speech and language pathologist and special education teacher for preschool age children and Handwriting without Tears groups.

Jennifer Kahn Ruoff is a New York State Licensed Social Worker, also with a master's degree in special education. She does counseling with children and families with special needs. She specializes in helping parents advocate and navigate through the special education system. She also runs a support group for parents with challenging children. She sees clients privately and through HTA. She can be reached at (914) 478- 3730 and at JRuoff@optonline.net.

This is not a complete list and this list is not an endorsement of any information herein.

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